Kriya Yoga | Shibendu Lahiri

Message 39

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Do not utter God's name. Because he is un-nameable. The name that can be named is not the eternal name. Truth that can be taught, is not the eternal truth. Truth is realized subjectively in uniqueness by and for oneself when the subjective entity (ego-centric conceptual self) is emptied of all the experiences & mental investments. Truth leads to an essence of existence. Freedom from the self, inspite of the fact that self can function whenever it must, is surely the true phenomenon in a human being.

Uttering the name does not give any glimpse of the un-nameable. If this could happen, there would not have been any bloodshed, brutalities and battles in the name of god. Utterances only bring about the ugliness of belief-systems and bigotry, of cunning calculations and conditioned reflexes under a 'divine' pretext. Verbalisation generates vulgarization of vanities and vested interests in the name of 'God'. Teaching without words is the best teaching. Truth is only indicated for direct perception. Only ideas and knowledge are transmitted and conceptualized. Truth is witnessing and transformation in consciousness, perhaps a mutation and an alchemical change in the body.

Satgurus of Kriya-Yoga lead devotees by following them, because that is the way of divine. Sea is the king of hundred streams, because it lies below them. And it fills them again by evaporating itself and thus making itself available to the sky, the emptiness.

He who trusts, will be trusted.

He who doubts, will be doubted.

He who makes show, is not enlightened.

He who is self-righteous, is not respected.

He who boasts, achieves nothing.

He who brags, will not endure.

Extra food and unnecessary luggage will not bring happiness.

Remain unattached and calm.

Stillness is the master of unrest.

Avoid extremes, excesses and complacency.

Never take advantage of power.

Achieve results, but do not expect them.

Achieve results, but do not boast of them.

Achieve results, but not through unfair means.

Man aspires heaven.

Heaven follows natural state.

Natural state follows Kriya-Yoga.

Kriya nourishes and brings everything to fulfillment. Great talents ripen late. Men hate to be orphaned, widowed and worthless. But this is how a true Kriya-Yogi describes himself! For one gains by losing and looses by gaining! Emptiness can enter everything. He who knows when to stop, does not find himself in trouble. Emptiness can not be exhausted. A man with contentment is never disappointed. Tranquility is order.

OM TRANQUILITY OM