

Message 13

Washington DC, 26 Aug. 1999

Kriya Yoga: The Science of Inner Being and Experience Requires no Beliefs

To be available to seductive forces of the spiritual and religious market and to assume that you are very special and religious, is to live as a chaos, a crowd. Kriya Yoga invites you to be a harmony, an integration, i.e., to be released from the stranglehold of the centrifugal activities of the mind. A crystallization is needed, a centripetalling is essential. And unless the centripetal movement begins, all that you do is utterly useless. It is wasting your life and time. Only a person in centripetal journey can be blissful.

Why do you need stories, beliefs, fantasies, illusions, lies for your living? Why are your so-called truths nothing but beautiful lies, high-sounding phrases, holy concepts of the petty mind?

Kriya Yoga is experimental and existential. No belief is needed. What is needed is the courage to experience that which is not projected and promoted by belief! What is needed is the mutation which is not manipulated by mind!

Kriya Yoga is the science of inner being. This science has to be understood and practiced. Only then, there can be freedom from ache, agony, and agitation. It is not necessary to confer imaginary titles (Paramahansa, Avatar, this Ananda and that Ananda, this Giri or that Giri) on yogies and expect fulfilment of your selfish cravings through them. A yogi is the scientist of the energy of pure understanding, of 'no-mind'. Will you call Max Planck as Paramahansa Max Planck or Einstein as Avatar Einstein? Let Lahiri Mahashay remain just Lahiri Mahashay as he was perhaps the greatest scientist of centripetal action of perception.

JAI LAHIRI MAHASHAY